

Healing The Broken Heart

Part I: What Is The Condition Of Your Heart?

I. Introduction

Because of the fall of Adam, a seed of corruption entered into the human race. This corrupted seed has affected every area of human existence, including our families, relationships, and institutions, and our entire being, body, soul, and spirit. As a result, our hearts have been wounded. The corrupted seed destroyed our ability to be righteous and holy like our Creator and allows the kingdom of darkness and its demonic spirits access to us.

People weighed down with iniquity; whole head is sick, the whole heart faint. From the sole of the foot even unto the head there is no soundness in it: but wounds, and bruises, and putrefying sores: they have not been closed, neither bound up, neither mollified with ointment. Your land is desolate (Is 1:4-7).

Yet God has provided a way of escape for us. Through His son, Jesus Christ, we can be born again and receive Him, who is the uncorrupted seed, into our heart, and become united with Him, thereby we are able to grow in His righteousness.

For you have been born again not of seed which is perishable (corrupted) but imperishable (uncorrupted), that is through the living and abiding word of God (I Peter 1:23).

It is clear from the Holy Scriptures that God desires to bring wholeness and healing to mankind. He longs to establish communion with His people, restoring them to holiness and wholeness. His plans for us are for good, and not for evil, to give us a blessing, and not a curse:

I have set before you life and death, the blessing and the curse. So choose life in order that you may live, you and your descendants (Deut. 30:31).

For I know the plans that I have for you', declares the Lord, 'plans for welfare and not for calamity to give you a future and a hope' (Jer. 29:11).

Bless the Lord, O my soul, and forget none of His benefits; Who pardons all your iniquities; who heals all your diseases; who redeems your life from the pit...you satisfies your years with good things, so that your youth is renewed like the eagle (Ps. 103:2-5).

I am the Lord, who heals you (Ex. 15:26).

Yet many of God's people remain unhealed and crippled on the inside, all the while thinking that their lives are normal. Many others struggle with major emotional and psychological issues in their life, like anger, sexual lust, addictions, depressions, anxieties, obsessions, sexual sins, pornography, adultery, etc. Believers have the same problems as the world. Why?

They are ignorant of the fact that the victory Jesus won for them on the cross does not only assure them of eternal salvation, but also provides the keys to their healing, transformation, and sanctification. Read *Appendix A, God Desires Your Healing* at the end of this lesson.

A. Arise Of Inner Healing

In recent years, a new type of Christian ministry began to spring up in response to this need. Unsure of what to call it, it has been referred to in a variety of ways: inner-healing, healing prayer ministry, prayer and counseling ministry, healing the wounded soul, reconciliation, transformational inner healing, restoration of the soul, care of souls, cure of souls, pastoral care, holistic healing, and healing of persons.

Each ministry has had its own emphasis. Some focus on physical healing or spiritual healing, others on inner healing, including the emotional, often hidden wounds that result from living in a sinful, fallen world. A number of ministries integrate them, with discerning and removing evil spirits that interfere with the work of sanctification and restoration of the entire person.

Some may emphasize a particular technique, others the importance of the relationship between the prayer minister, the person receiving ministry and the Holy Spirit who mediates the healing presence of God, the Father, and Jesus Christ.

Today, there has been a proliferation of inner-healing ministries and a number of prayer-ministry models are used by lay-believers around the world. Together with the prophetic ministry, inner healing is now an integral part of the Spirit-filled life. An important tool in the journey toward the transformation of our inner nature, inner healing is part of the process of sanctification and of working out the salvation Jesus won on Calvary.

1. Examples of healing ministries

The following is a list of some of the healing ministries. I am sure there are many more who have been working to fulfill the great commission. Some, like Agnes Sanford, have gone on to be with the Lord.

1. Ellel Ministries, Ellel Grange, Ellel, Lancaster, LA20HN, UK; tel (0) 1524 751651; e-mail: information@grange.ellel.org.uk; www.ellelministries.org (Peter Harrobin: *Healing Through Deliverance*).
2. Christian Healing Ministries, Florida (Dr. Francis & Judith MacNutt: *Healing*).
3. Pastoral Care Ministries, Wheaton, IL (Leanne Payne: *Restoring the Christian Soul Through Healing Prayer*).
4. Pater Hans Buob, Fremdingen, Germany (tel +49 09086/221).

5. House des Lebens, 197 A-6460 Imst, Austria; tel: 05412 – 656 84 or 054 1266050 (Maria Brule Prean).
6. TheoPhostic Prayer Counseling, tel: 888 467 3757; email: phostic@eagleweb.net (Ed M. Smith).
7. Elijah House, 1000 S. Richards Rd., Post Falls, ID 83854-8211; tel 208 773 1645; e-mail: ehinfo@elijahhouse.org; web site: <http://www.elijahhouse.org> (John & Paula Sandford: *Transformation of the Inner Man*). Also have Elijah houses in Austria.
8. “Be In Health Seminars”, Pleasant Valley Church, Thomaston, GA (Rev. Henry Wright: *A More Excellent Way; Be In Health; Spiritual Roots of Disease, Pathways to Wholeness*)
9. Prayer Counseling Course; Communion With God Ministries; Tel: (1) 800 466 6961 www.cwgministries.org (Mark & Patti Virkler: *Prayers That Heal the Heart*)
10. PRMI “Dunamis Project”, (Brad Long & Cindy Strickler: *Let Jesus Heal Your Hidden Wounds*)
11. Inner Healing Seminars (Jesuit priest, Matthew Linn, Dennis Linn, Sheila Fabricant Linn: *Healing the Eight Stages of Life*)
12. “Healing Houses”, Proclaiming His Word Ministries; P.O. Box 2339, Santa Rosa Beach, FL, 32459-2339, tel. 850 835 4060 (Chester & Betsy Kylstra: *Restoring the Foundations*) email: office@phw.org; web site: <http://www.phw.org>; <http://www.healinghouse.org>
13. Dr. Stephen & Kay Cox, Australia
14. Christof Häselbarth; Germany.

2. What they have learned

These ministries have quietly taken up the mandate of Jesus Christ, to heal the whole person and set people free from demonic activity. They have pioneered the groundwork for the restoration of the ministry of healing and deliverance within the community of lay-believers.

According to Long and Strickler (2001), people who work in the arena of inner healing need to know something about the hidden depths of the human heart: “the nature of the human psyche; the anatomy of inner hurts that are hidden in the unconscious; the complication of evil spirits that will actively hinder the healing process; and the process of our cooperating with the Holy Spirit to bring Jesus’ healing in to the hidden recesses of the human heart” (p. 91).

Inner healing ministries have identified relevant biblical principles and spiritual truths, learned how to flow with the Holy Spirit and to hear the voice of God, developed practical ministry techniques and tools, and established a biblical basis to support the work.

They have demonstrated that God’s divine power and spiritual energies exist within our hearts, souls, minds, and bodies. These energies respond to certain biblical laws and certain specific prayer approaches. God has established principles that result in the bondage of negative spiritual energies, and principles that set us free and fill us with positive spiritual energy in the Holy Spirit.

Inner healing requires personal responsibility

Experience has shown that only a few people receive healings sovereignly, by God's intervention. Only a few are healed through the prayers of others (requiring little person effort). Statistics show that only 5% of people are ever healed in these two ways.

More often, people are healed through personal disciplined and diligent efforts. We must answer the call of Jesus to seek first the kingdom of God and His righteousness. Apparently if God healed us, without dealing with the spiritual roots, He would be establishing evil in us. We would remain in agreement with our sins and in bondage to them. Righteousness demands that we repent, and come out of agreement with our "dead works" and sins.

St Paul said, that if we sin willfully, we put Christ back on the cross and crucify him all over again. We cancel our freedom through sin, until we repent. We must learn to take personal responsibility for our thoughts and actions, repent and turn away from our sins, and forgive others and ourselves. Just because Jesus said "it is finished", we do not have a right to freedom from the effects of sin and the curse automatically, apart from obedience. Inner healing requires us to learn how to appropriate the finished work of Christ on a personal level.

The reality of the kingdom of darkness

The medical world knows that 80% of all our medical problems have psychosomatic roots. They do not have answers for these medical problems, because according the Bible, there are spiritual roots underlying physical, emotional, and psychological problems. Our psychology affects our physiology.

Negative spiritual energies and sin energies caused by the curse, drive many of our problems. Demonic sin energies connect with the curse, Satan, and work of demons. Positive energies connect to anointing, blessing and power of the Spirit.

Inner healing ministry has brought experience in dealing with the kingdom of darkness and negative spiritual energies. When negative symptoms are anchored by demons, they simply can't be overcome by will power.

We need to take a closer look at the spiritual root issue underlying various disorders. We need to recognize the spiritual root, take responsibility for it, repent for following it: thinking, speaking, acting like it. The battle is here, not in heaven or hell. Christians working in this arena seek to understand all of the ways that the kingdom of darkness operates within the realm of the whole human being.

B. Personal Experience

1. The death of a dog

This was my first inner healing experience; it occurred in 1975, when an older woman (she was like a spiritual mother to me) was praying with me. She said, "I believe the Lord is showing me something about the fear of the death of an animal. Judy, do you have such a fear?"

Suddenly it all came back. I could see my mother lying on the couch crying. I felt terrible and all alone. Then pain welled up from somewhere deep in my belly, and overflowed

out of my mouth, "Mamma, Mamma, I always disobeyed you. I am so sorry; I am so sorry. Please forgive me."

One fine spring day, I asked my mother if I could walk with my eight-year-old cousin to a store some blocks away. She said I could as long as I promised to not let her dog get out of the yard and follow us. A few blocks from home, I turned around and there was the dog following us. Apparently I had not shut the gate tight. I yelled trying to make the dog go back—but of course it didn't. A few blocks later, a car in front of my eyes hit the dog, and as it lay dying, I watched it writhing in the street. My father was called to the scene and took us home. I remember seeing my mother lying on the couch crying. Nobody said anything to me—I was never punished, scolded, loved or comforted in any way. That was the way it was.

After a few minutes the pain was released; the presence of the Lord came. The small child in me felt forgiven and comforted. I was free from carrying the buried guilt, shame, fear, and pain over the death of this dog—my legacy from this traumatic moment.

2. I never had a daddy

In 1976, a former baker, and now a Catholic lay minister and his wife were staying in our home. He asked if he could pray with me about when I was a little girl. I said, "Sure, why not."

He started to pray for me—for the time when I was in my mother's womb—and nothing happened. Then he prayed for me when I was an infant. Nothing happened. I did not know what to expect because this way of praying was new to me. But when he prayed for me when I was eighteen months old . . . whoops! Something changed. A cry begins to form in the middle of my belly. Slowly it came up and out with the sound of a heart-broken little girl. "Daddy, daddy, I never had a daddy," I wailed.

I was surprised. I had been unaware of any need for a daddy—I'd never felt like I lacked one. Although my father was an alcoholic when I was young, he was not abusive and was always home at night. He did not know how to love a small child; I remember no loving relationship with him. But the Lord knew my deprivation and brought it to the light and healed my child's wounded heart..

As I sobbed out my need for a daddy, I became a little child. This wonderful man lovingly took me into his arms and sang lullabies to me. Then he whispered in my ear, "You got a daddy now, honey."

3. "I will heal your heart"

Share my experience the morning after our son died:

As I awoke out of my sleep praying in another language, I suddenly began to interpret what I was praying. This had never happened before. The Lord was speaking to me, saying, "You can say that David died, but I want you to know my own never die. I came and took him, I always come and take my own. Don't

question what went wrong, don't look to the right or left, and I will heal your heart and lead you through this time of grief.

Notice God's promise to me: "I will heal your heart."

II. What Is The Heart?

The heart is our most vital, central organ. Symbolically, the heart refers to the core and center of everything, the source of the hidden springs of our personal life—the inner citadel of human personality.

The heart is regarded as the sphere of divine influence and the center for human depravity. It is the place of contact with the Divine. Once we become believers in Jesus Christ, we are joined to the Holy Spirit, and become one spirit with the Lord (I Cor. 6:17). The heart contains the hidden person, the inner man, (I Peter 3:4; Rom. 7:22). Everything we do works out from the heart.

Our heart may be invaded by hostile forces. Both the power of God and the power of Satan can be at work within our heart.

1. So that Christ may dwell in your hearts through faith (Eph. 3:17)
2. I will put my laws in your heart (Heb. 10:16).
3. Why has Satan filled your heart to lie to the Holy Spirit (Acts 5:3)?

A. The Heart Gives Meaning to Our Experiences

As human beings we need to put meaning and place value on our experiences. We are not passive receivers, but we have the capacity to put meaning on all our experiences. We do this work in the heart, actively seeking to interpret our experience and place it in the context of the larger picture. It is in the heart that we give meaning and understanding to our experiences.

The meaning and understanding we give to our experiences influences the formation of our personality and our understanding of who we are and of our place in the world.

1. The Heart Is Where We Know The Lord

Review these scriptures, asking the question "why is the heart so important in our walk with God?"

- My heart panted after God (Ps. 38:10).
- Set your heart and your soul to seek him (I Chr 22:19).
- You will find Him if you search for him with all your heart (Deut. 4:29).
- You who seek God, let your heart revive (Ps. 69:33).
- Let the heart of them rejoice that seek (Ps. 105:3).
- A generation that did not prepare its heart (put it right) (Ps. 78:8).
- Prepared not his heart to seek the Lord (II Ch 12:14).
- His heart was not wholly devoted to the Lord (complete with the Lord), like the heart of his father David (I Ki 15:3).

- The Lord looks on the heart (I Sa 14:7).
- Search me and know my heart (Ps. 139:23).
- I the Lord search the heart, I test the kidneys (Jer. 17:9-10).
- God tries the heart (I Ch 29:17; Jer. 11:20; I Thes. 2:4).
- He knows the secrets of the heart (Ps. 44:21).
- Unite my heart to fear thy name (Ps. 86:11).
- Create in me a clean heart o' God (Ps 51:10).
- Call on the Lord out of a pure heart (I Ti. 2:22).
- Draw near with a true heart in (Heb. 10:22).
- Testing you, to know what was in your heart, whether you would keep His commandments or not (Deut. 8:2).
- He who searches the heart knows what the mind of the Spirit is...(Rom 8:27).
- The sacrifices of God are a ...contrite heart (Ps. 51:17).
- David laid up these words in his heart (I Sa 24:5).
- Jesus said unto him, though shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment (Matt. 22:37-40).
- Not with eye service, as men pleasers; but as servants of Christ, doing the will of God from the heart (Eph. 6:6).
- ...the hidden man of the heart (I Pe. 3:4).
- The day dawns and the morning star arises in your hearts (II Peter 1:19). What is the morning star?
- The Word (Jesus) is near you in your mouth and in your heart...(Rom. 10:8).
- So that Christ may dwell in your hearts through faith (Eph. 3:17).
- How blessed is the man...in whose heart are the highways to Zion (Ps. 84:5).

The heart is the key issue in experiencing a genuine walk with the Lord because Christ dwells in our heart. We experience the presence of the Lord in our heart. This is where we know the Lord, right within us.

Heart Involved With Faith and Trust

Genuine faith and trust in the Lord is located in the heart, not in cognitive thinking, mental assent, or doctrinal belief!

Trust in the Lord with all your heart, lean not to your own understanding...(Prov. 3:5,6).

That if you confess with your mouth Jesus as Lord and "believe in your heart" that God raised Him from the dead, you shall be saved; for with the "heart man believes", resulting in righteousness (Rom. 10:9,10).

2. The Language of the Heart

Interestingly, the heart communicates differently than our mind. In Ps 19:14 and 49:3 the English word "meditation" comes from the Hebrew word, *haguwth*.

My mouth will speak wisdom; and the meditation of my heart will be understanding (Ps 49:3).

Let the words of my mouth and the meditation of my heart be acceptable in Thy sight (Ps. 19:14).

I pray that the eyes of your heart may be enlightened, so that you may know what is the hope of His calling...(Eph. 1:18).

...able to judge the thoughts and intentions of the heart (Heb. 4:12).

The Hebrew word *haguwth* means to muse, murmur, ponder, imagine, mutter, etc. It is not referring to intellectual reasoning or analytical thinking. The communication processes of the heart radically differ from our mind.

The heart uses the language of pictures, images, metaphors, intuition, inner knowings, perception, imagination, and emotions, rather than analytical reason or logical ideas to communicate. To heal the heart, we must become familiar with its language and learn how to use it.

The Virklers (2000) describe the language of the heart as “flow, imagination, dreams and visions, emotions and pondering”. They suggest that when we pray, we need to tune into flowing thoughts, flowing pictures and visions, and emotions coming out of our heart in order to receive the healing God has prepared for us.

Eye has not seen, nor ear heard, neither have entered into the heart of man, the things which God has prepared for them that love him (I Cor. 2:9)

Prayers coming from your head will not heal your heart (Virklers, 2000).

B. 40 Problems In The “Heart”

“They are a people who err in their heart” (Ps. 95:10). The following is a list of scriptures in the Bible that refer to problems in the heart. Study these to get a fuller understanding of a wounded and damaged heart.

1. Deceived & deceitful: deceives his own heart (Jas 1:25); deceit in heart (Jer. 14:14); heart is more deceitful & desperately sick (Jer. 17:9-10; Is. 1:4-7); deceive heart of the simple (Rom. 16:18).
2. Lying: why has Satan filled thy heart to lie? (Acts 5:3)
3. Evil, negative, destructive thoughts and imaginations: imagination of their evil heart (Jer. 11:20); the intent of man’s heart is evil from his youth (Gen. 8:21; 6:5-6)
4. Unbelieving, doubting: slow of heart to believe (Lu 24:25); unbelief of heart (Mark 16:14); an evil heart of unbelief (Heb. 3:10-12)
5. Afflicted and needy: afflicted and needy (Ps. 109:22)
6. Astonished: astonishment of heart (Deut. 28:28)
7. Desolate: my heart within me is desolate (Ps. 143:4)
8. Dead: his heart died within him (I Sa 25:37)

9. Distressed: Heart is distressed (Dan. 7:15)
10. Broken: reproach has broken my heart (Ps. 69:20)
11. Troubled, uneasy: let not heart be troubled (John 14:1); the troubles of my heart are enlarged (Ps. 25:17); disquietness of my heart (Ps. 38:8)
12. Discouraged: discourage heart of children (Nu 32:7); heart is discouraged (Is. 19:3)
13. Oppressed: Heart is oppressed (I Sa 1:15)
14. Overwhelmed: my heart is overwhelmed (Ps. 61:2)
15. Fearful: let not heart be afraid (John 14:1)
16. Trembling, faints, sinks: their hearts sank (trembled) (Gen. 42:28); Jacob's heart fainted (Gen. 45:26); my heart is like wax (Ps. 22:14); fear and trembling come upon me; and horror has overwhelmed me (Ps 55:4-5).
17. Anguish and terror of death: *My heart is in anguish*, the terrors of death have fallen upon me. Fear and trembling come upon me; and horror has overwhelmed me (Ps 55:4-5).
18. Fearful of others: *say* in your heart, these nations are greater than I; how can I dispossess them... (Deut. 9:17)
19. Continually sorrowful: continual sorrow in my heart (Rom 9:2); sorrow of heart (Lev. 26:16)
20. Grieved: why is thy heart grieved? (I Sa 1:8); heart was grieved (Ps. 73:26)
21. Painful throbbing: Throbbing in our hearts (Ps. 38:10)
22. Forsaken, abandoned: forsaken or grieved in spirit (Is. 54:6)
23. Divided, conflicted, double hearted: war was in his heart (Ps. 55:21); conflicted with double heart (Ps. 12:2; Ps. 86:11); heart is divided (Ho 10:2)
24. Angry: Heart is hot (Ps. 39:3)
25. Knifed, cut to the quick: sword shall enter into their own heart (Ps. 37:15; Acts 5:33)
26. Hates others: You are not to hate your brother in your heart; you may surely reprove your neighbor, but shall not incur sin because of him (Lev. 19:17)
27. Despising: She despised him in her heart (II Sa 6:16)
28. Hard: heart is hard (Deut. 2:20); hardness of heart (Mark 16:14)
29. Greedy: heart trained in greed (II Peter 2:14)
30. Lusting: adultery in his heart (Mt. 5:28); lusts of own hearts (Rom 1:24); performed thoughts of his heart (Jer. 23:20); heart been secretly enticed (Job 31:27)
31. Envy: let not thy heart envy sinners (Prov. 23:17)
32. Rebellious: revolting, rebellious heart (Jer. 5:23); heart departs from the Lord (Jer. 17:5)
33. Stubborn: God...made his heart obstinate (Deut. 2:30)
34. Proud: Heart is haughty (Prov. 16:18); heart becomes proud (Deut. 8:14; Ps. 101:5); say my power...made me wealth (Deut. 8:17)
35. Desiring riches: when riches increase, set not your heart upon them (Ps. 62:10)
36. Blind, ignorant, lack understanding: hid heart from understanding (Job 17:4); blindness of heart (Eph. 4:18); blindness and astonishment of heart (Deut. 28:28); Hosea 4:6-7)
37. Foolish: foolish heart...(Rom 1:21); foolishness bound in heart of child (Prov. 22:15)
38. Darkened: foolish heart darkened (Rom 1:21)
39. Loaded with sinful transgressions: heart gathered iniquity to itself (Ps. 41:6); regard iniquity in my heart (Ps. 66:18); Naughtiness of my heart (I Sa 17:28)

40. Defiled, impure: heart is defiled (II Cor. 7:1); you sinners, purify your hearts...(Mt. 4:4; James 4:8)

C. Characteristics Of A Healthy, Healed Heart

A healed heart is one that is permeated with faith, hope, courage, and love. The wounds in the heart have been bound up and closed, soothed with ointment. The heart has been washed clean from all guilt, freed from lies and destructive attitudes and emotions, painful memories, grievous reactions, rage, hate, bitterness. negative pictures, etc. It carries godly desires and plans and living words from God. is filled with godly positive power, (See Virkler). It does not fear men, positioned to hear God, tuned to God's voice, easily forgives, open, flowing with ...

The person experiences a heart change.

D. A Healed Heart...

1. Has experienced the love of God (Rom 5:5)
2. hosts the Holy Spirit & Spirit of Jesus Christ (Galatians 4:6; I Cor 1:22; II Cor 4:6; Eph 3:17; II Pet 1:19-Christ in the morning star)
3. Has been opened by the Lord (Acts 16:14); Has been circumcised (Rom 2:29); Has no veil over it (II Cor. 3:15)
4. Has highways in it though which to commune with God (Ps. 84:5)
5. Has eyes that are opened and see spiritual things from God (Eph. 1:18)
6. Communes with God upon the bed (Ps 4:4)
7. Senses the presence of the Lord Lu 24:32)
8. Receives direction from the Lord (Acts 7:23)
9. Allows God to write His words for the person on it (II Cor. 3:3)
10. Receives revelation of that God has prepared for person (I Cor. 2:9)
11. Overflows with good words, songs to the Lord (Ps 45:1)
12. Treasures words from God (Luke 2:19)
13. Sings; rejoices, makes melody (Ps 84:2, 16:9; 13:5; John 16:22; Eph 5:19; I Sa 2:1)
14. Lights up with the knowledge of Christ with in it (II Cor. 4:6)
15. Contains a hidden man (I Pe 3:4)
16. Makes Christ Lord within it (I Pe 3:15)
17. Kept by the living God (Phil 4:7)
18. Is directed by God (II Thes. 3:5)
19. Understands, knows, meditates and holds God's words (Ps 119:11; 37:31; 40:8; I Sa 24:5; Heb. 10:16; Ps 49:3)
20. Allows person to commune with it (Ec 1:12-17); Has thoughts and intentions that can be known (Da 2:30; Heb. 4:12)
21. Has faith in it (Ro 10:9,10)
22. Is established in God (Heb. 13:10; Ps 112:7; I Thes. 2:17)
23. Has been comforted by God (I Thes. 2:17)
24. Has no doubt (Mark 11:23)
25. Believes God, trusts the Lord (Ps 112:7; Ro 10:9,10;Acts 8:37)
26. Is not afraid (Ps 112:7; John 14:1, 27)
27. Is not easily troubled (John 14:1, 27)

28. Is ruled by the peace of God within it (Col. 3:15)
29. Is strong and courageous (Ps 27:14)
30. Has been cleansed, made pure (Mt 5:8; Heb. 10:22; James 4:8; I Pe 1:22)
31. Has no guilt, condemnation or reproach (Job 27:6; I John 3:20-21; Heb. 10:22; I John 3:20-21)
32. Has God's righteousness within it (Ps 40:10)
33. Is tender, soft (Job 23:16; II Ki 22:19)
34. Is able to trust others (Prov 31:11)
35. Connects or bonds to others (I Chr 12:17)
36. Turned towards his or her children (Mal 4:6)
37. Easily forgives others and self ()
38. Carries others and cares for others (II Cor. 8:16)
39. Overflows with the love of God ()
40. Purposes, commits, is resolute, not double-minded (Ps 44:18; 57:7; Da 1:8; II Cor. 9:7; Col. 3:22; Ps. 12:2)
41. Is enlarged (Ps 119:32; II Cor 6:11)
42. Is able to completely engage itself, & obey God (Ps 119:34; Ro 6:17; Eph. 6:6)
43. Seeks and searches for wisdom (Ec 1:12-17)
44. Searches to understand (Mt. 13:15)
45. Gives answers with joy (Ec 5:20)
46. Is humble, contrite—not filled with pride and self (Mt 11:29)
47. Sings to the Lord (Col. 3:16)
48. Holds and remembers the things God has done (Gives heed to themselves...so they won't forget the things which your eyes have seen, and they depart from their heart all the days of their life...(Deut. 4:9)
49. Does not allow others to turn their heart away from God (I Ki 11:4)
50. Does not hate his brother in his heart (Lev. 19:17)
51. Does not incur sin because of anger against his brother (Lev. 19:17)
52. Is not set on riches (Ps 62:10)
53. Does not envy sinners (Prov. 23:17)
54. Does not lie (Acts 5:3)

The Godly Heart Of A Christian Contains...

- Christ (Eph 3:17; II Cor. 4:6; I Peter 3:15)
- Morning star (II Pe 1:19)
- Hidden man (I Peter 3:4)
- Spirit of His Son (Gal. 4:6)
- Witness of the Holy Spirit, the earnest of the spirit (I Cor. 1:22)
- Knowledge of God (II Cor 4:6)
- Love of God (Rom 5:5)
- God's words, laws (Lu 2:19; Ps. 119:11; 37:31; Ps. 40:8; II Cor. 3:3 Heb. 10:16)
- God's peace (Col. 3:15)
- God's direction, plans, desires (II Thes. 3:5; I Cor. 2:9 Acts 7:23; Ne 2:12; II Sa 7:3; I Ki 8:18; Ps. 37:4)
- God's righteousness (Ps. 40:10)
- Highways to Zion (Ps. 84:5)

- Knowledge, wisdom, understanding (Ec 1:12-17;)
- Skills, talents (Ex. 35:26, 34,35)
- God's thoughts (Dan. 2:30;)
- God Himself (Matt. 5:8)
- Wisdom, understanding (Mt. 13:15; I Ki 3:12)
- Faith and belief (Acts 8:37; Rom 10:9-10; Mark 11:23)
- Comfort from God (I Thes. 2:17)

III. A Root Cause of Broken Hearts

Many of God's people are crippled on the inside, but think their lives are normal. They do not recognize the condition of their own heart that has been damaged, wounded or broken in some way by the results of the corrupted seed and the opened doorways to the kingdom of darkness. Their spirit is also crippled and lame, not able to help them rise up in full health. Things from the past still cling to their spirit.

They have junk in their hearts that acts like a pressure, pushing them toward acts of sin—negative demonic sin energy. Some of these negative pressures and negative sin energies include: fear, anger, frustration, confusion, depression, madness, death, alienation, driven ness, failure, and workaholism.

I am afflicted and needy and my heart is wounded with in me (Ps. 109:22)

My heart is wounded (smitten like grass & withered away) within me (Ps. 102:4)

For evils beyond number have surround me; my iniquities have overtaken me, so that I am not able to see, and my heart has failed me (Ps 40:12).

The heart is more deceitful than all else and is desperately sick; who can understand it? I the Lord search the heart, I test the kidneys (Jer. 17:9-10).

Heart is broken by reproach; and I am so sick (Ps 69:20).

Their heart is far from me (Mt. 15:8).

The Lord is near to the broken hearted (Ps. 34:18)

A. Parents Failure To Nurture Child

According to the Scriptures, parents are charged with the responsibility to bring children up in the love, nurture and admonition of the Lord; i.e., to fill the child's inner core with the experiential knowledge that they are loved. When they fail to do this, it breaks the heart of the child. The heart of the child has been damaged by someone who is suppose to love them.

Born with the corrupted seed of Adam (Ps. 51:5; Gen 8:21), the heart of a child is unable to interpret his experiences in the light of God's truth. The bible tells us that foolishness is bound in the heart of the child (Prov. 22:15). The darkened, unredeemed heart of the

child, if left to itself, is full of deceit and will either create its own lies or readily accept the ones spoken to it by others (Jer. 17:9; Eph. 4:22-25), and the development of a lie takes root in the child's heart.

The child's understanding of himself and his experiences forms the template with which to understand all other experiences. This is why parents are so powerful in shaping a child's perception of himself and the world around him. Godly parents help the child to interpret the meaning of its experiences through the eyes of God's love and truth.

The child may have been physically abandoned through the death of a parent, divorce of parents, etc. or the child may have been emotionally abandoned because the parent was not able to provide nurture and safety for it.

A broken heart does not necessarily mean that the parents did not have natural affection for the child, but they failed to give child the love of God. Even though the person has developed a good relationship with their father as an adult, this relationship does not heal the broken or wounded heart from childhood.

Reproach breaks heart of child

The heart of the child can be broken by reproach (Ps. 69:20). In the Bible, fathers are instructed to be gentle with their children—not harsh.

Heart is broken by reproach; and I am so sick (Ps 69:20).

Traumatic Experiences Damage Child's Heart

Child may have been traumatized through illness, accident, injury, or war. These painful traumas leave negative pictures in the heart that produce sin energy or demonic energy, which pressures the person to do evil. We need new life-giving pictures deep in our heart.

We may have been wounded in the past and have no conscious memories of them. Babies are very susceptible to the climate in the mother's uterus. Early traumatic experiences overwhelm the young child, causing him to deny the goodness of God.

Abuse, physical assault, violence in home

B. How Do We Know If Our Heart Was Broken In Childhood?

1. Never Heard Father Say, "I love you."

Statistics reveal that 80-95% of people who come for inner healing have never heard their Fathers say "I love you" to them. This does not mean they were necessarily bad parents, but they were not good parents simply because they did not appropriate the Heavenly Father's love and share it with their child.

2. Symptoms of Broken Heart In Childhood

In general, fear and anxiety come out of a broken heart. The person with a broken heart is unable to trust in God; love God, others, or themselves; receive forgiveness from God; or forgive others, God, and themselves. The heart may be filled with sadness, grief, desolation, sorrow, rejection, or self-doubt.

Don't connect to "feeling" of love

Another symptom of a broken heart is the inability to "feel" the emotion of love within your heart. You may think love, but you can't connect to the feeling of love.

Contempt, disgust

How do you feel when someone tries to love you? Do you reject the love because it feels too disruptive and dangerous? Do you put off your need for love with skepticism and contempt, or flee from the need it exposes in you by withdrawing in shame?

Perfectionism

If children did not receive proper nurture, they typically have problems giving or receiving love. This results in performance, driven ness, or perfectionism behaviors. As adults, they attempt to win love because they desperately need and want that love. They think that if they perform properly with excellence, someone will notice, approve, and love them, but this leads to additional sin and a load to carry through their entire life.

Fear of Man

When the child's heart is broken, a spirit of fear enters the heart and is assigned to them, particularly the fear of man, fear of rejection, and fear of failure (See Wright, p. 79). The fear of man leads to the child telling lies.

No relationship to God

Having no relationship with their earthly fathers, they often center in on Jesus, the person of Jesus Christ, but have no relationship or connection with God, their Heavenly Father. In fact they may hate God, because they hated their earthly father and project it onto God. This hinders their prayer life, because we are told to pray to "Our Heavenly Father".

Unable to trust God

A broken heart finds it difficult to trust God, and therefore is not able to receive His love or know it in experience. The answers to two questions, "Does God love you?" and "Do you know this love in your life?" may serve as clues to the condition of your heart.

Compromised immune system

A broken heart along with other traumas creates a burden on our immune systems, and becomes the spiritual root for many physical disorders. Dad went off to war, mother no longer protected and cherished you and took the headship position for survival. Then you fell out of car, fell from a tree, & broke your hip during growing up years. Today you may suffer from chronic depression or one of the autoimmune disorders.

A merry heart doeth good like a medicine: but a broken spirit drieth the bones (Prov 17:22).

A sound heart is the life of the flesh; but envy the rottenness of the bones (Prov 1:30).

IV. Healing The Broken Heart

A. Meditate On The Following Scriptures

The Lord is near to the broken hearted (Psalms 34:18).

He heals the broken hearted and binds up their wounds (Psalms 147:3).

Jesus came to heal the broken hearted, set free people who are bruised (downtrodden) and proclaim release to captives (Luke 4:18; Is. 61:1).

A new heart will I give you, I will take away the stony heart, I will give you a heart of flesh (Ez. 36:26).

I will give them a heart to know me (Jer. 24:7).

The Lord your God will circumcise your heart and the heart of your descendants, to love the Lord your God with all your heart and with all your soul, in order that you may live (Deut. 30:6)

Suggestion: Read in the Bible the scriptures used in this lesson and meditate on them, until the Lord gives you a personal word of direct revelation—they become alive to you, touching you deeply in every area of your personality . The words on paper must be transformed by the Holy Spirit into a " living voice" (Prince, 1990).

B. Make A Decision: Draw Close To Jesus

We must come to place where we realize that nobody else is responsible but me. I must have a direct relationship, an individual relationship between me and God, this is the freeing agent. If you have not made a decision to invite Jesus Christ into your heart, you need to do this. It is key to the transformation and healing of your broken heart and life.

1. "Go To Jesus"

You search the Scriptures, because you think that in them you have eternal life; and it is these that bear witness of Me; and you are unwilling to come to Me, that you may have life (John 5:39-40).

Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you, and learn from Me, for I am gentle and humble in heart; and you shall find rest for your souls (Matthew 11:28).

Have you really experienced Jesus? If not, you need to repent and turn to Him. Jesus Christ is the only answer! Jesus Christ is the only way, He is the uncorrupted seed, He is righteous, He brings fullness of life. Acknowledge that it is solely on the basis of what Jesus has done on your behalf that you are receiving your righteousness now.

If you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you shall be saved; for with the heart man believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation. For the Scripture says, 'Whoever believes in Him will not be put to shame' (Rom. 10:9-11).

As a result of a genuine conversion or born again experience, you have access to the Kingdom of Heaven which is right within you. You need to seek the truth and walk in it. Then you will gradually become free, feel free. Christianity is the only way to be totally free.

I call heaven and earth to witness against you today, that I have set before you life and death, the blessing and the curse. So choose life in order that you may live, you and your descendants, by loving the Lord your God, by obeying His voice, and by holding fast to Him; for this is your life and the length of your days... (Deut. 30:19,20).

Spiritual Realm Does Not Work By Magic

The spiritual realm of God *does not* work through "magic," but through faith that resides in an honest heart. There are no magical words that will make God become real to you—but only an honest heart that recognizes its need and a tiny bit of faith *that God cannot lie, that what He said is true*. God Himself said that He sent Jesus to die for our sins so we can have newness of life. Did God lie when He said this? Can you trust what He says? It is faith in God Himself and in the power of God, revealed through the death and resurrection of Jesus Christ that brings about changes within us.

Use The Key: Apply Your Faith In A God Who Cannot Lie!

Now simply go to God, praying from an *honest* heart. Begin your journey to God by praying something that is honest to you, such as...

God, I don't know if you are real, and if you are really there for me, but if you are, I need You in my life. I don't understand everything, but I know that I need a power greater than myself. I need You. Please come into my life. Thank you.

Here is the prayer I prayed thirty-five years ago:

God, I ask for your help. I want to know You. I need Your son Jesus. I place my faith in His work on the cross, His burial and His resurrection. I accept the blood He shed as enough for my sins and the sins of others against me. Jesus, I ask You to come live inside of me. I invite You to come into my life. And I thank you. Amen.

Two examples of the "Sinner's Prayer"

God I am a sinner. I cannot save myself. I know according to your Word that I cannot make myself righteous, but I thank You because You love me and sent the Lord Jesus to die for me. And through His righteousness, redemption is made available to me. I believe that He died for my sins according to the scripture. I believe that He was raised from the dead and is my justification. I confess Him now and take Him as my Savior.

Father, I know that I have broken your laws and my sins have separated me from you. I am truly sorry, and now I want to turn away from my past sinful life toward you. Please forgive me, and help me avoid sinning again. I believe that your son, Jesus Christ died for my sins, was resurrected from the dead, is alive, and hears my prayer. I invite Jesus to become the Lord of my life, to rule and reign in my heart from this day forward. Please send your Holy Spirit to help me obey You, and to do Your will for the rest of my life. In Jesus' name I pray, Amen." (taken from <http://www.gotquestions.org/sinners-prayer.html>)

Now, Where Is Jesus?

If I ask you where is Jesus, can you say with confidence: "He is in my heart. I asked Him to come in, and I know He did, because God cannot lie."

Make Jesus Christ Lord

Make a decision to make Jesus Christ Lord of your life, to follow Him in faith and obedience. Decide to lay down your rebellion, surrender, and make Jesus Christ Lord of your life. Decide to do all that the Lord Your God asks of you. You may want to pray something like this:

Lord Jesus, I want to know You better, to come closer to You. Please cause me to see more clearly who You are and what You have done for me. Please reveal Christ in me. I thank you. Lord, I make a decision to follow You, in faith and obedience. I will do what You ask me to do. Lay down your rebellion and surrender to the Lord. I choose to make You Lord of my life. Amen

To learn more about the work of the Holy Spirit see Program Notes, "The Work of the Holy Spirit," 22 January 2006.

C. Get Knowledge And Understanding

My people are gone into captivity, because they have no knowledge: and their honorable men are famished, and their multitude dried up with thirst (Is. 5:13).

My people are destroyed for lack of knowledge...Since you have forgotten the law of your God, I will also forget your children (Hosea 4:6).

The fear of the Lord is the beginning of knowledge...(Prov. 1:7).

The fear of the Lord is the beginning of wisdom; and the knowledge of the holy is understanding (Prov. 9:10).

I will give them shepherds according to my heart, which shall feed you with knowledge and understanding (Jer. 3:14-15).

Understand Work Of Jesus On The Cross

You will need to understand the work of Jesus on the cross. Jesus came to take away the power of Satan and destroy his works and redeem you from the curse of the law—of always trying to measure up, always condemning yourself, and struggling to be righteous in your own strength.

- The Son of God appeared for this purpose, that He might destroy the works of the devil (I John 3:8).
- Jesus came to destroy the works of the devil (Acts 10: 37-39).
- God anointed Jesus of Nazareth with the Holy Spirit and power, and he went around doing good and healing all who were under the power of the devil (Acts 10:38).
- Jesus healed every kind of disease and every kind of sickness (possessed with devils); lunatics (moonstruck); palsy (feeble, paralyzed); divers diseases (maladies) and torments; and healed those oppressed by the devil (Matt. 4:24).
- Through death He might render powerless him who had the power of death (Heb. 2:14-15); I have the keys of death and of Hades (Rev. 1:18).

D. Pray: “Holy Spirit, What Is In My Heart?”

What is in your heart? We need to identify areas of our heart and mind that are under constant attack by the enemy. Are there any areas of your life which disturb or remove your faith, hope, and love when you think about them? Are there any situations you cannot face with a heart full of faith, hope, and love? If so these need healing (Virkler & Virkler, 2001).

1. Ask: “What areas in my heart and mind are under negative energies?”

You may be able to identify what is in your heart by noticing the words that you speak (Matt. 13:19; Luke 9:47). Also follow your mind set, your thoughts, and your actions. Ask, “Why do I say that, do that, think that? Ask, “Are these producing life or death in me?

For as he thinks in himself, so is he (Prov. 23:7).

For the mouth speaks out that which fills the heart (Matt. 12:34).

The things that proceed out of the mouth come from the heart, and those defile the man. For out of the heart come evil thoughts, murders, adulteries, fornications, thefts, false witness, slanders (Matt. 15:18-19).

For where your treasure is, there will your heart be also (Matt. 6:21).

Drawing Activity

Draw a symbolic picture of the condition of your heart. Allow yourself to draw symbolically and spontaneously, asking the Lord to give you a picture of the condition of your heart.

Dream work

Ask the Lord to give you understanding about the things in your heart. Ask Him to bring it to you in a dream in the night.

2. Pray, asking the Lord to search your heart

Ask Him to show you any negative inner energies and negative inner processes at work within you. Ask Him to show you any bitterness, resentment, anger, fear, etc. in your heart.

There was great searching of heart (Judges 5:16).

Create in me a clean heart o' God (Ps 51:10).

Lord, Search me and know my heart (Ps. 139:23).

3. Write these down as the Lord shows them to you.

4. Ask the Lord: "Who broke my heart?"

Or who damaged me on the inside so severely that I have a compromised immune system?"

➤ Your Response

Complete this sentence:

"The heart issue I want to explore is _____."

E. Learn To Forgive Others From Your Heart!

You will need to make peace in your heart with everyone who has ever hurt you and get that cleared up before God. You will need to forgive your father or mother and all other family members for what they did or did not do in your life.

1. Unforgiveness is a block to healing the broken heart

The Scriptures command us to forgive before we can be freed, because demonic bondages often stem from broken relationships of trust between people (Banks, p. x). Read Mark 11:22-26. The Lord makes it clear that forgiving others is a condition to receiving the desires of our heart.

Forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil...(Matt. 6:12-13).

For if you forgive men their trespasses, your heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses (Matt. 6:14-15).

And whenever you stand praying, forgive, if you have anything against anyone; so that your Father also who is in heaven may forgive you your transgressions. But if you do not forgive, neither will your Father who is in heaven forgive your transgressions (Mark 11:25-26).

So shall My heavenly Father also do to you, if each of you does not forgive his brother from your heart (Matt. 18:35).

If you forgive the sins of any, their sins have been forgiven them; if you retain the sins of any, they have been retained (John 20:23).

2. Principles of Forgiveness

Forgiveness is key to our own healing, thus it is vital that you understand what true forgiveness is. Pray, asking the Lord to teach you about forgiveness. Here are a few principles of forgiveness.

Real forgiveness must come from the heart. The heart must be postured with an attitude of forgiveness toward the person:

...if each of you does not forgive his brother from your heart (Matt. 18:35).

Forgiveness becomes easier if you can separate the person who hurt you from the sin they did against you, just like the Lord did for you. He loved you even in your sin, because He was able to separate you from your sin. This means that we too can forgive others of their failures yet love them.

Jesus was saying, 'Father forgive them; for they do not know what they are doing' (Luke 23:34).

I say to you, love your enemies, and pray for those who persecute you (Matt. 5:44).

Love your enemies, and do good... be merciful, just as your Father is merciful (Luke 6:35-36).

➤ Your Response

Who do you need to forgive? When you think of someone who has wronged you, what do you feel in the pit of your stomach? Does your stomach tighten? Is there a ping in your spirit when you think about someone? Make a list of the people you will need to forgive.

Complete this sentence:

“I need to forgive
.”

Then state why you need to forgive them: How did they hurt you? What did they do to you or fail to do for you?

“I need to forgive them for:
.”

👉 Prayer Time: Doing Business With God

Start by welcoming the Holy Spirit’s presence to guide and empower you.

Give your heart to God now; allow Him to access your heart, praying,

Heavenly Father. I come to you now. I need you. Without you, I can do nothing. Your Word says that you come to heal the broken heart. I put my faith and trust in You and in Your Word. I am absolutely helpless to heal my heart. I surrender my heart to you, and place in it Your hands. I ask you to heal it. I give you permission to heal my broken heart. I am expecting You to do what You promised. In the Name of Jesus Christ I pray. Amen.

The act of forgiving:

Speak out loud the words of forgiveness. Confess specifically what the sin is; declare your total dependence on God to free you. Ask God to release and forgive you of the sin; state your desire to turn from it and receive His grace.

Lord Jesus, I confess my sin of and I ask you for your complete forgiveness. I choose to acknowledge this as sin and allow you to cleanse me of all my unrighteousness. Make me clean and whole and release me of this sin. I know I am helpless in overcoming it on my own, and unless you set me free I will never be free. I ask this in the name of Jesus. Amen.

I will speak some words, into your life, as His agent

I will ask the heavenly Father to stretch out His hand and to touch and heal your broken heart. When people have a broken heart and their spirit has been injured, through prayer ministry, we can remove the pain in the heart. Many times the pain is coming from a lie. We pray that the Lord will speak His truth into your heart, breaking the power of the lie.

If you’ll use those words and allow them to penetrate your heart, you will give God permission to touch your heart, and He will begin to heal your heart. Hear the words as if they were your Heavenly Father speaking to you, because if your Father had been able to say these words, He would have said these works to you. These would have been the words of God spoken into your life, that would have cared for you, nurtured you and loved and protected you and you would have known the love and protection.

My Prayer For The Listeners:

"Father God, I ask that you would touch every heart and begin the healing process of that broken heart. You see the heart, and You desire to heal it.

I speak now a blessing into your life, that you would be blessed with all the blessing of God, that you would know our heavenly Father, that your heart would be filled, that your heart would be whole.

In the name of Jesus Christ, I speak comfort into your heart. I release you from your pain. I release you to be the woman/man God intended you to be. I speak God's healing into your broken heart. In the name of Jesus Christ, Amen."

References

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- Mark & Patti Virkler (2001), *Prayers That Heal the Heart*. Bridge-Logos: Gainesville, FL 32614 USA. www.bridgelogos.com International Standard Book Number 0-88270-852-X. The Virkler's ministry is called "Communion With God (CWG) Ministries": Tel: (1) 800 466 6961; www.cwgministries.org

Appendix A: God Desires Your Healing

God is not trying to kill His people with various mental, emotional, physical problems or use them to make us more righteous and holy. God is not the author of evil. "Do not say, that when you are tempted, you are tempted from God." God's great desire for His people is their wholeness. He sent Jesus Christ who is the image of the invisible God and told him to heal the sick.

God Is A Good Father Who Loves Us

God feels toward us as a human father would. Hence His life is nurturing, comforting, loving, sustaining, encouraging, warming, life-giving, wise, merciful, forgiving, healing, restorative, and regenerative (Agnes Sanford, *Behold Your God*). God is like a loving Father who acts as a good father who loves his child. We can relate to a God like this. This touches my life. Jesus is the visible face of the Father (Col. 1:15).

Biblical Study

The following scriptures reveal God's great desire is for our well-being, healing, freedom, wholeness, and restoration:

- I am the Lord, who heals you (Ex. 15:26).
- And the Lord will remove from you all sickness; and He will not put on you any of the harmful diseases of Egypt which you have known...(Deut. 7:15).
- I will heal thee of thy *wounds* (Jer. 30:17).
- Bless the Lord, O my soul, and forget none of His benefits; Who pardons all your iniquities; who heals all your *diseases*; who redeems your life from the pit...you satisfies your years with good things, so that your youth is renewed like the eagle (Ps. 103:2-5).
- Peace, peace to him who is far and to him who is near, Says the Lord, and I will heal him (Is. 57:19).
- But for you who revere my name, the sun of righteousness will rise with healing in its wings. And you will go out and leap like calves released from the stall (Malachi 4:2).
- Because of the tender mercies of our God, to shine upon those who sit in darkness and the shadow of death (Luke 1:77-80).
- Beloved, I pray that in all respects you may prosper and be in good health (*Hugiaino: healthy, sound, in good health--whole*), just as your soul prospers *Gr. zekuwkiyth: transparent; from another word that means translucent--cleanse, be clear*, (III John 1:2).
- And the very God of peace sanctify (*to make holy, i.e. purify or consecrate*) you wholly (*whole-complete, through and through; absolutely perfect--draws attention to the several parts which constitute a person*); and I pray God your whole (*complete in every part; perfectly sound, entire*) spirit (*pneuma--a current of air, rational and immortal soul*) and soul (*psuche breath spirit, life*) and body (*soma, the body as a sound whole*) be preserved (*to guard--from loss or injury; prob. by keeping the eyes upon*) blameless (*without blame, faultlessly*) unto (*indicating the point reached or entered*) the coming (*a being near, to be near, presence*) of our Lord Jesus Christ (I Thes. 5:23).

- The Lord will sustain him on his sickbed, In his illness, Thou dost restore him to health (Psalm 41:3).
- Confess your faults one to another, and pray one for another that you may be healed (Jas. 5:16)l.
- The prayer of faith shall raise the *sick* (*Kamno*—to be weary, weariness of mind) (Jas. 5:15).

God Sent Jesus Christ to Save Us

Isaiah prophecies that God would send a Messiah, Jesus Christ, into the world and anoint Him with the Holy Spirit to bring us restoration, salvation, and redemption (Is. 61:1-3,7; Luke 4:18).

- Proclaim liberty and freedom to captives & prisoners
- Set free those who are bruised (downtrodden), oppressed, burdened
- Cause the blind to see
- Comfort all who mourn
- Heal the sick and those oppressed by the devil
- Give oil of gladness instead of mourning
- Give a mantle of praise instead of a spirit of fainting
- Give joy instead of shame & humiliation
- Bind up the brokenhearted

Jesus Is Called “Our Salvation”

1. Your salvation
2. Author of salvation
3. Source of eternal salvation:
4. Horn of salvation
5. Rock of salvation
6. Cup of salvation
7. Savior of the world
8. Jesus Christ our lord, our savior

Concept of salvation

Healing and wholeness in body, mind, and spirit is implicit in the concept of *salvation*. The Greek helps us to understand the full meaning of the words “salvation” and “saved”.

- *Sozo*: to save; i.e. deliver or protect (*heal, preserve, be made whole*). The idea is that of saving from disease and its effects; is sometimes rendered to make whole or to be whole (Matt. 9:21,22; Acts 4:9).
- *Diasozo*: to save thoroughly; translated heal in Luke 7:3.
- *Iaomai*: to heal, both physical healing and spiritual healing (Matt. 13:15; John 12:40; Acts 28:27; Heb. 12:13; I Pet. 2:24; possibly, Jas. 5:16 includes both).
- *Soteria*: safe, rescue or safety (physical or moral) i.e. deliver, health, salvation, save, saving. To keep us safe; to deliver or protect us; to heal; to make us whole and help us do well. To rescue us, to give us health; to preserve us from destruction.

Summary of the meaning of the word "salvation"

1. to heal
2. to make us whole
3. to give us health
4. to keep us safe
5. to deliver or rescue us
6. to protect us
7. to help us do well
8. to preserve us from destruction

His Work On The Cross

The work of Jesus Christ on the cross includes healing and wholeness for the whole person.

1. He was despised & forsaken of men, a man of sorrows (*pain*), acquainted with grief (*sickness*), and like one from whom men hide their face; He was despised, and we did not esteem Him. Surely our griefs (*sickness*) He Himself bore, and our sorrows (*pains*). He carried; yet we ourselves esteemed Him stricken, smitten of God and afflicted (Is. 53:3-5).
2. He was pierced through for our transgressions, He was crushed for our iniquities; the chastening for our well-being fell upon Him, and by His scourging we are healed. (or He was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed) (Isaiah 53:5).
3. The Lord was pleased to crush Him putting Him to grief (*He made him sick*); if He would render Himself as a guilt offering (Isaiah 53:10)
4. Christ suffered for you. . . who committed no sin, nor was any deceit found in His mouth; and while being reviled, He did not revile in return; while suffering, He uttered no threats but kept entrusting Himself to Him who judges righteously; and He Himself bore our sins in His body on the cross, that we might die to sin and live to righteousness; for by His wounds you were healed (I Peter 2:24-25).
5. This was to fulfill what was spoken through the prophet Isaiah: "He Himself took our infirmities (*Astheneia—a feebleness; lacking strength; weakness, infirmity, indicating inability to produce results*) and carried away our diseases (Matthew 8:17).
6. All we like sheep have gone astray; we have turned, everyone, to his own way; and the Lord has laid on Him the iniquity of us all (Is. 53:6).

Jesus suffered emotional & mental pain

Jesus suffered emotional pain from His people, the religious leaders & His friends. He was . . .

1. Despised and rejected: *He was despised & rejected by men* (Isaiah 53). *He came to His own, & His own did not receive Him* (John 1:11).
2. Mocked: by the crowds
3. Falsely accused:
4. Suffered unjustly:

5. Spit upon:
6. Grief and sorrow: *A man of sorrows & acquainted with grief* (Isaiah 53).
7. Religious abuse: *The Pharisees went out & took counsel against Him, how they might destroy Him.* (Matt. 12:14).
8. Betrayed: *Now His betrayer had given them a sign, saying, 'Whoever I kiss, He is the One, seize Him.'* Then immediately he went up to Jesus & said, 'Greetings, *Rabbi!' & kissed Him (Matt. 26:48-49).

Jesus suffered physical abuse

Jesus suffered physical abuse which is almost beyond our comprehension. He drank the cup of sufferings & said, 'It is finished'. He bore our sins in His body on the cross...by whose stripes you were healed (I Peter 2:24).

Jesus Healed Sick and Oppressed

Jesus Christ came to heal us on every level of our hurting human nature, resulting in an interior transformation on every level of our being. *Healing* is a word rich in meaning and speaks to completion and wholeness.

Healing is an integral part of the Gospel itself. It is an essential part of the basic Gospel message. Jesus healed because he was God, not to prove He was God. Jesus Christ is the Image of the Invisible God (Col. 1:15). He healed out of compassion. This was his strongest motivation for his actions.

Jesus said, "It is not those who are healthy who need a physician, but those who are sick...go and learn what this means, 'I desire compassion and not sacrifice, for I did come to call the righteous but sinners'" (Matt. 9:12,13).

The Healing Actions Of Jesus

- When Jesus...saw a large crowd, he had compassion on them and healed their sick (Matthew 14:14).
- Large crowds followed him, and he healed them there (Matthew 19:2).
- The people all tried to touch him, because power was coming from him and healing them all (Luke 6:19).
- Jesus said to him, "I will go and heal him" (Matthew 8:7).

What Kinds of Problems Did Jesus Heal?

- Jesus healed every kind of disease and every kind of sickness (possessed with devils; lunatics (moonstruck); palsy (feeble, paralyzed); divers (various in character) diseases (maladies) and torments (through the notion of going to the bottom-fear has torment); healed those oppressed by the devil. (Matt. 4:22-24).
- Jesus healed many who had various diseases. He also drove out many demons (Mark 1:34).
- Healed every disease and sickness (Matthew 9:35).
- Great crowds came to him, bringing the lame, the blind, the crippled, the mute and many others, and laid them at his feet; and he healed them (Matthew 15:30).
- News about him spread all over Syria, and people brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralyzed, and he healed them (Matthew 4:24).

- He took up our infirmities (*Astheneia*, a feebleness; lacking strength; weakness, infirmity, indicating inability to produce results) and carried our diseases (Matthew 8:17).
- Through death He might render powerless him who had the power of death, that is, the devil: and might deliver those who through fear of death were subject to slavery all their lives (Hebrews 2:14-15)
- Because of the tender mercies of our God, to shine upon those who sit in darkness and the shadow of death (Luke 1:77-80)

Greek Word Study: “Disease/Infirmity”

1. *Astheneia*: lacking strength, weakness, infirmity, indicating inability to produce results (Matt. 8:17; Acts 28:9; John 11:4; Rom. 8:26; 2 Cor. 11:30; Luke 13:11—spirit of infirmity; John 6:2).
2. *Malaka*: denotes softness, hence debility, disease (Matt. 4:23; 9:35; 10:1).
3. *Astheneo*: to be weak, feeble, (Mark 6:56; Luke 4:40; Matt. 10:8; 25:36,39; Acts 9:37; 19:12; Phil. 2:26,27; Jas. 5:14; John 4:46; 5:3,7; 6:2).
4. *Kamno*: to be weary, weariness of mind—suggestive of the common accompaniment of sickness (Heb. 12:3; Jas. 5:15).
5. *Sunecho*: seized or afflicted by ills (Acts 28:8; Matt. 4:24; Luke 4:38).
6. *Noseo*: to be sick, is used metaphorically of mental ailment (I Tim. 6:4).
7. *Iaomai*: to heal, rendered to be made whole (Matt. 15:28; Acts 9:34)

Some Greek words commonly translated “whole”

- *Hugies*: making sick folk "whole.
- *Holoteles*: whole—complete, through and through; absolutely perfect (I Thes. 5:23).
- *Hugiaino*: to be in good health; whole (Luke 5:31; 7:10; I Tim. 6:3).
- *Sozo*: to save, is sometimes rendered to make whole or to be whole (Matt. 9:21,22; Acts 4:9).
- *Iaomai*: to heal, rendered to be made whole (Matt. 15:28; Acts 9:34).
- *Teleios* (adj.) signifies having reach its end (*telos*), finished, complete, perfect. (I Cor. 2:6; 14:20; Eph. 4:13; Phil. 3:15; Col. 1:28; 4:12; Heb. 5:14; Matt. 5:48; 19:21; Jas. 1:4, 25; Rom. 12:2; I Cor. 13:10; I John 4:18)
- *Teleiosis* (n.) denotes a fulfillment, completion, perfection, an end accomplished as the effect of a process (Heb. 7:11, Luke 1:45).

List of problems Jesus healed

1. Every kind of disease and sickness.
2. Divers (various in character) diseases (maladies) and torments (through the notion of going to the bottom—fear has torment)
3. Infirmities: a feebleness; lacking strength; weakness, infirmity, indicating inability to produce results
4. Lack of power, helplessness, powerlessness
5. Possessed by devils; demonic oppression
6. Lameness, crippled, blind, dumb
7. Lunatics: moonstruck
8. Palsy: feeble, paralyzed
9. Various torments: through the notion of going to the bottom

10. Severe pain
11. Seizures, epilepsy
12. Brokenhearted
13. Wounded spirit
14. Unhealed sores, bruises
15. Downtrodden, oppression, depression
16. Anxiety; fears; fear of death
17. Inner darkness
18. Shame, Guilt, Jealousy, Despair, Rejection, Abuse, Depression
19. Addictions
20. Fighting and quarreling
21. Poor Self-image, No Identity, Unloved
22. Lack of purpose and direction
23. Laziness, lethargy
24. Abandonment
25. Confusion

Jesus Demonstrated Relationship of Sickness To Satan

From the work of Jesus here on earth, it is clear that physical healing, inner healing and deliverance go hand in hand. He did three things: healed the sick and oppressed; announced that the Kingdom of God is here; and treated sickness as an enemy. He dealt with demonic activity, setting people free from evil spirits.

It is vital that we make the connection between sickness and the kingdom of darkness, the kingdom of Satan. The scriptures tell us that Jesus went about healing all who were under the power of the devil, thus linking sickness to the realm of darkness. "Physical or mental illness was regarded by Jesus as an alienation from God, an evil condition to be overcome." (Excerpts from John Sanford, *The Kingdom Within*)

Jesus took away the power of Satan and came to destroy his works.

- God anointed Jesus of Nazareth with the Holy Spirit and power, and he went around doing good and healing all who were under the power of the devil (Acts 10:38).
- Jesus came to destroy the works of the devil (Acts 10: 37-39).
- Jesus healed every kind of disease and every kind of sickness (possessed with devils; lunatics (moonstruck); palsy (feeble, paralyzed); divers (various in character) diseases (maladies) and torments (through the notion of going to the bottom-fear has torment); healed those oppressed by the devil (Matt. 4:24).
- I have the keys of death and of Hades (Rev. 1:18).
- The Son of God appeared for this purpose, that He might destroy the works of the devil (I John 3:8).
- Through death He might render powerless him who had the power of death (Hebrews 2:14-15).

Names of Satan

- Accuser (Rev. 12:10)
- Father of lies (John 8:44)

- Adversary (I Peter 5:8)
- Condemner (Rom 8:1)
- Angel of light (?)

Jesus Redeemed Us From Curse Of the Law

The curse of the law included sickness and disease.

- ✓ Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: "Cursed is everyone who is hung on a tree (Galatians 3:13).
- ✓ In order that He might redeem those who were under the Law, that we might receive the adoption as sons (Galatians 4:6).

Jesus Proclaimed The Kingdom of God

According to Sanford, "Wholeness is of the essence of the kingdom; and where the kingdom is manifested in a man, wholeness is established and sickness banished."

Jesus came to establish the Kingdom of God on earth. He proclaimed the kingdom of God was present and within us. He tells us to seek first for His Kingdom and His righteousness. Jesus taught us to pray, "thy kingdom come". He asked the church to repent, to recognize something that overthrows the kingdom of God on earth, and to come out of agreement with other kingdom.

As God's people we are called to remove the other kingdom, and establish the kingdom of God within the hearts of people. St Paul's mission was to open the eyes of the blind...that they might turn from the kingdom of darkness to the kingdom of God.

"When we find and realize the kingdom of God in ourselves, we experience a growing wholeness...The kingdom brings to the individual his or her own wholeness..., so the that the rewards of the kingdom are felt in this life" (Excerpts from John Sanford, *The Kingdom Within*).

God Sends Holy Spirit to Empower Us to Heal

God has called the church to be an active, vibrant, and dynamic force in the world, going to the highways and byways, doing the works of Jesus. "Verily, verily, I say unto you, he that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto the Father." (John 14:12) (ASV)

His good works included bringing Good News to people, binding up the brokenhearted, proclaiming liberty to the captives, opening the eyes of the blind, comforting those who mourn, setting free those who are downtrodden, healing the sick, proclaiming the gospel of the Kingdom of God, and healing all who were oppressed by the devil. Jesus was able to do these works because He was anointed with the Holy Spirit and with power (Luke 4:18; Acts 10:38).

This power and call was not only for the twelve apostles (Luke 9:1), the seventy (Luke 10:17-19), or the one hundred and twenty who gathered together at Pentecost (Acts 1:8-2:4), but for all those who would receive the Holy Spirit and follow after Jesus (Acts 2,9; II Tim. 1: 7).

- For you have not received a spirit of slavery leading to fear again, but you have received a spirit of adoption as sons by which we cry out, Abba Father (Romans 8:15)
- The Holy Spirit also helps our "infirmities" (referring to a feebleness, lacking of strength or weakness); for we know not what we should pray (Rom. 8:26).

God Sends His Word To Heal

God promises that when He pours out His Spirit on us, that He will make His words known to us (Prov. 1:23). His Word is essential in the healing process:

- He sent His Word and healed them, and delivered them from their destruction's (Ps. 127:20).
- My soul languishes for Thy salvation; I wait for Thy *Word* (a deposit that which was delivered in His visit (Ps. 119:81).
- Receive the Word implanted, which is able to save your souls (James 1:21b).
- The unfolding of Thy words give light (Ps. 119:130a).

Summary

Jesus came to give us fullness of life, a new life, a new relationship of love and union with the Father through the Holy Spirit. Do you really believe Jesus has come to free and transform us? He has the power to transform us, but does He want to do it for you?