



Assignments for Session 4: Soul Alignment & Repentance

Key Words for you to know & explain

1. Soul alignment
2. Repentance
3. Secrets
4. The blood of Jesus
5. Conviction
6. The law of the harvest
7. Discipline
8. Revelation of the Holy Spirit

Listen to my audio recordings for Session 4: "Soul Alignment & Repentance."

Reading Plan & Personal Study

Read these Scriptures and consider why I wanted you to read them. What is God saying to you through His Word?

- For My thoughts are not your thoughts, Nor are your ways My ways," declares the LORD. (Is 55:8)
- "Repent, for the kingdom of heaven is at hand!" For this is the one referred to by Isaiah the prophet when he said, "THE VOICE OF ONE CRYING IN THE WILDERNESS, 'MAKE READY THE WAY OF THE LORD, MAKE HIS PATHS STRAIGHT!'" (Matthew 3:1-3)
- This is what the Sovereign LORD, the Holy One of Israel, says: "In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it (Isaiah 30:15).
- I now rejoice ... that you were made sorrowful to the point of repentance ... For the sorrow that is according to the will of God produces a repentance without regret, leading to salvation, but the sorrow of the world produces death (2 Cor 7:9-10).
- Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, (Romans 5:1)
- It is not those who are healthy who need a physician, but those who are sick. But go and learn what this means, "I desire compassion, and not sacrifice," for I did not come to call the righteous, but sinners (Matt 9:13).
- This is the message we have heard from Him and announce to you, that God is Light, and in Him there is no darkness at all. If we say that we have fellowship with Him and yet walk in the darkness, we lie and do not practice the truth; but if we walk in the Light as He Himself is in the Light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all



sin. If we say that we have no sin, we are deceiving ourselves and the truth is not in us. If we confess our sins, He is faithful and righteous, so that He will forgive us our sins and cleanse us from all unrighteousness. If we say that we have not sinned, we make Him a liar and His word is not in us. (1 John 1:5-10).

- How much more will the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, cleanse your conscience from dead works to serve the living God (Heb 9:14).
- In Him we have redemption through His blood, the forgiveness of our trespasses (Eph 1:7).
- Above all else, guard the hearts, for it is the wellspring of life (Pro 4:23)
- Our mouth has spoken freely to you, O Corinthians, our heart is opened wide. (2 Cor 6:11).
- If we love one another, God abides in us, and His love is perfected in us (1 John 4:12).
- Do not be deceived: God is not mocked. For whatever a man sows, this he will reap. For the one who sows to his own flesh shall from the flesh reap corruption, but the one who sows to the Spirit shall from the Spirit reap eternal life (Galatians 6:7, 8)
- It is for discipline that you endure; God deals with you as with sons; for what son is there whom his father does not discipline? But if you are without discipline, of which all have become partakers, then you are illegitimate children and not sons. Furthermore, we had earthly fathers to discipline us, and we respected them; shall we not much more be subject to the Father of spirits, and live? For they disciplined us for a short time as seemed best to them, but He disciplines us for our good, so that we may share His holiness. All discipline for the moment seems not to be joyful, but sorrowful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness. (Hebrews 12:7-11)
- When I kept silent about my sin, my body wasted away Through my groaning all day long. For day and night Your hand was heavy upon me; My vitality was drained away as with the fever heat of summer. Selah. (Ps 32:3-4)

Spiritual Action Steps

1. Spend some time journaling. Is there any unconfessed sin in your life? Ask the Lord: *to "search me, God and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting"* (Psalm 139:23-24).
2. Are there any areas in your life where you have confessed sin but don't feel the release of forgiveness? Have you confessed those sins to others? Have you forgiven yourself?
3. Are you willing to do a total life confession with another? Will you bring all of your secrets into the light so you can get free? If so, make a resolve to do so.
4. Meditate on John 8: the account of the woman who was caught in adultery. Read the passage over and over, then picture yourself as the person who was caught in a sin and ask the Holy Spirit to reveal the truth of Jesus to your heart.
5. Let the Holy Spirit lead you to a place, a memory that is **not** filled with peace. Ask the Spirit to reveal Jesus in that memory, and ask Him, through His revelation, to bring you release from (sin or something else that hurt you). Watch for Jesus in any picture that comes to your mind, and listen for His whispers.
6. It might help to picture Jesus on the cross. Picture yourself before Him on the cross and take this sin—like a black spot off your soul—and give it to Jesus. Watch and



listen. See what Jesus does with it and listen to what He says. Let the Holy Spirit's revelation come to you.

7. If you are stuck in shame or living under the weight of condemnation, you can listen for the Spirit's revelation to you. And write down whatever comes to you.