



Session 9: Healing Wounds

Part 6: Blocks to Healing Wounds

Sometimes you will try to access the presence of Jesus in a memory, but you may run into a block that requires discernment. You may need the help of others who are discerning and sensitive to the Spirit.

Fears of what might be found inside of them

God created our souls. Our soul is important to Him. For example, see St. Paul's prayer in 1 Thes. 5:23, that we might be well in our spirit, soul, and body. In the Greek, the word for soul is *psuche*, in Latin, it is *psyche*. Psychology simply means a word about the soul.

Some social scientists and psychologists have discovered principles that promote our well-being. God has not given us a spirit of fear, but some Christian people are afraid of anything from psychology. Others are frightened about what may be hidden down inside their soul that will humiliate or embarrass them if others know it.

The problem of introspection

Introspection: the examination or observation of one's own mental and emotional processes. Introspection can hinder us from seeing Jesus in a memory. According to Leanne Payne, "Introspection is a disease of the soul in which your eyes are focused on yourself: self-centeredness. It is often connected to toxic shame."

Logical thinking

The power of the logical mind may keep people from hearing God's truth. Sometimes people are busy discerning the reasons for the event. We are not looking for the truth—this will not heal you from the lie. We are looking for the lie; this will bring freedom.

Some people have a difficult time letting God speak without analyzing their own thoughts. Some are so worried whether it was God or simply their own thinking. Other people will try to come up with truth on their own. You should be able to discern this and have them refocus and let God's truth come. God does not need nor will He accept their help. When God supplies the truth, peace comes.

Knowing the truth logically is not the same as being healed. Logic is the cause of the defense mechanisms which have kept them from accessing their wounds and healing. This causes people to create truth for God and quote scripture with little or no change occurring. Or they may say, *it happened a long time ago, I just need to put it behind me and go*



on with my life. If the person does not report definite change then very likely they have not yet experienced God. If they have any question as to whether it is God they are hearing, then it is probably not.

Striving

We begin to strive when we omit Jesus from the process and try to do it on our own. Some symptoms are:

1. fighting with negative demonic thoughts, rather than binding and casting out demons in Name of Jesus
2. expressing our pain and sorrow, and not seeing Jesus there removing it by touching and healing it
3. thinking we have to come up with all the soul ties and the negative expectations and inner vows we have made, rather than relaxing and tuning to Holy Spirit flow and asking Him to show them each of these
4. thinking that we are the center of anything or any part of the process, rather than realizing that the Holy Spirit and the Lord Jesus Christ are the center of each part of the healing process. If you are still living self-conscious rather than Christ conscious, then you need a deeper revelation of Galatians 2:20.
5. If we do this, we need to repent and turn our eyes and heart away from self and back to Christ.

Demonic block

Sometime the block may be demonic. When you are praying for someone who is trying to access a memory, and they will say to you, "All I can see or feel is darkness," then you are probably dealing with a demonic spirit blocking them.

Unable to see Jesus

Sometimes they can see the memory, but they can't see Jesus, even though they can feel or sense Him. Here again, we must rely upon the Holy Spirit to guide us in situations like this. We have to listen to His voice.

Sometimes when they can feel Him near, they can hear Him speak. At that point direct the person to listen. Problem of not seeing His face, only His feet may be an indicator of shame. One thing we can do is to ask questions.

Dealing with guardian lies

If they are unwilling to let it go, it is rooted in a guardian lie: "they will lose power to defend themselves from further harm."

Ask, "Do you want to be free from bitterness and helpless condition?" Tell them that they cannot gain freedom apart from Jesus. Ask a second time if they are willing to let Jesus take it from them. If they say no, ask why not. Then defer that objection to Jesus. "You heard what the person said, now speak to her your truth."



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Lord Jesus, take us to the place where the anger is coming from. You acknowledge to the person that they have a right to the anger. Say, the person who hurt you was wrong.

Lead them to acknowledge to the Lord that the person who hurt them was wrong, but that they are tired of carrying the anger. Please come and help me.

Go back to the memory where the anger is.

Stir up the emotion, revisit the memory—this is crucial in getting the reality of forgiveness and release into the memory from which the anger resides.

Feel how helpless they are in overcoming it.

Prayer of confession and helplessness.

Listen to Jesus