



# Assignments for Session 8: Healing Wounds

## Key Words for you to know & explain

1. Healing; Inner Healing
2. Deliverance
3. *Astheneia*
4. The Kingdom of God
5. Jehovah Rapha
6. Wound of absence
7. Imagination
8. Dreams
9. Visions
10. Processing your Past

## Read my 3 documents: “Part 1: Healing Part of Gospel Message; Part 2: What is Inner Healing; Part 3: Biblical & Practical Principles.

## Reading Plan & Personal Study

Read these Scriptures and consider why I wanted you to read them. What is God saying to you through His Word?

- “The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; To proclaim the acceptable year of the LORD.” (Luke 4:18-19)
- However, it was our sicknesses that He Himself bore, And our pains that He carried; Yet we ourselves assumed that He had been afflicted, Struck down by God, and humiliated. But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed (Isaiah 53:4, 5).
- But the Lord was pleased to crush Him, to make Him sick (Isaiah 53:10)
- He bore our sins in His body on the cross...by whose stripes you were healed (1 Peter 2:24).
- And Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sickness and all kinds of disease among the people. And the news about Him spread throughout Syria; and they brought to Him all who were ill, those suffering with various diseases and severe pain, demon-possessed, people with epilepsy, and people who were paralyzed; and He healed them. (Matt 4:23-24)
- Great crowds came to him, bringing the lame, the blind, the crippled, the mute and many others, and laid them at his feet; and he healed them (Matthew 15:30).



- And when evening had come, they brought to Him many who were demon-possessed; and He cast out the spirits with a word, and healed all who were ill in order that what was spoken through Isaiah the prophet might be fulfilled, saying, “HE HIMSELF TOOK OUR INFIRMITIES, (*Astheneia*) AND CARRIED AWAY OUR DISEASES.” (Matthew 8:16-17)
- When Jesus...saw a large crowd, he had compassion on them and healed their sick (Matt 14:14).
- He heals the broken hearted and binds up their wounds (Psalms 147:3).
- Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: "Cursed is everyone who is hung on a tree (Gal. 3:13).
- Bless the Lord, O my soul, and forget none of His benefits; Who pardons all your iniquities; who heals all your diseases; who redeems your life from the pit...who satisfies your years with good things, (Ps 103:2-5).
- Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord, and the prayer offered in faith will restore the one who is sick and the Lord will raise Him up (James 5:14-15)
- I am afflicted and needy and my heart is wounded with in me (Psalm 109:22).
- The whole head is sick and the whole heart is faint. From the sole of the foot even to the head there is nothing sound in it, only bruises, welts, and raw wounds, not pressed out or bandaged. Not softened with oil (Isaiah 1:5-6)
- ...when the Spirit of truth comes, He will guide you into all the truth; ... (John 16:13),
- When the Helper comes, whom I will send to you from the Father, that is the Spirit of truth, who proceeds from the Father, He will bear witness of Me (John 15:26)
- He sent His Word and healed them, and delivered them from their destruction’s (Ps 127:20).
- You keep [him] in peace [whose] imagination [is] stayed—peace! For he is confident in You. (Isaiah 26:3, Literal Standard Version)
- It shall come to pass in the last days, says God, That I will pour out of My Spirit on all flesh; Your sons and your daughters shall prophesy, your young men shall see visions, Your old men shall dream dreams. (Acts 2:17, 18).
- For to one is given the word of wisdom through the Spirit, and to another the word of knowledge according to the same Spirit; another faith by the same Spirit; to another the gifts of healing by the same Spirit; to another the working of miracles, to another prophecy, to another discerning of spirits, to another different kinds of tongues, to another the interpretation of tongues. (I Cor 12:8-10)

Note: In Matthew 8:16-17, the word “infirmities” translated from the Greek word *Astheneia* enriches our understanding of the types of problems Jesus came to heal. *Astheneia* carries the following meanings: feebleness; lacking strength; weakness, infirmity, indicating inability to produce results. In other words, the work of Jesus on the cross enables us to be healed from weakness and that which makes us unable to produce results in our lives.

People suffering from all kinds of fear, anxieties, phobias, obsessions, addictions, depression, bitterness, etc. say that they feel helpless, powerless, and weak, unable to accomplish things they would like to do. Jesus came to heal them too.



## Reflection Exercises

- ✓ What 3 things did Jesus do while on earth?
- ✓ What was the primary reason Jesus healed the sick?
- ✓ Is there a relationship between sicknesses and sin?
- ✓ How do you explain what the Kingdom of God is?
- ✓ What is the curse of the law?
- ✓ Why is the Holy Spirit essential to healing our wounds?
- ✓ What differentiates inner healing from psychological methodologies?
- ✓ How important is your ability to imagine something?
- ✓ Pay attention to your dreams.
- ✓ Are you willing to do a total life confession with another? Will you bring all of your secrets into the light so you can get free? If so, make a resolve to do so. Make an appointment with someone.

## Spiritual Action Steps

1. Write out the key events that have shaped your life.
2. What are some of the major wounds in your life? Ask the Holy Spirit to show you any areas that may need healing. Allow Him to surface memories to your mind. Some of these memories may surprise you. Don't dismiss them.
3. Experience: recall a major wound, and ask the Holy Spirit how He wants to address this wound. Maybe He would have you invite Jesus to come. Watch and listen. Enter His presence. Follow His leading.
4. Take the time over the next days and weeks to allow the Holy Spirit to surface any other memories that need His healing touch. Invite the presence of God in, and listen to the promptings of the spirit. You may want to work through some of these memories who are sensitive to the Spirit.
5. Let the Holy Spirit lead you to a place, a memory that is **not** filled with peace. Ask the Spirit to reveal Jesus in that memory, and ask Him, through His revelation, to bring you release from (sin or something else that hurt you). Watch for Jesus in any picture that comes to your mind, and listen for His whispers.
6. Find a fellow believer who is willing to pursue healing with you. Pray for one another. Talk less, pray less. Listen more. Allow the Spirit to direct your prayer time. Jesus is the healer. We have nothing.

"Our healing experiences can be initiated and facilitated in many different ways: Sometimes God heals in an encounter, and sometimes over time. But at all times He heals through His presence. He can give you access to His presence through an encounter, through a prophetic word or image, through healing prayer, through silence and solitude, through the Word, or through a myriad of other pathways. Such as dreams and visions, anointing with oil, the gifts of the Spirit, the laying on of hands. He can do it all at once, or He can do it over time. We must seek Him; He is the Healer." (*Soul Care* by Dr. Rob Reimer)

## What kinds of problems did Jesus heal?

Every kind of disease and sickness.



Divers (various in character) diseases (maladies) and torments (through the notion of going to the bottom – fear has torment)

Infirmities – a feebleness; lacking strength; weakness, infirmity, indicating inability to produce results

Lack of power, helplessness, powerlessness

Lame, crippled, blind, dumb

Lunatics: moonstruck

Palsy: feeble, paralyzed

Various torments: through the notion of going to the bottom

Severe pain

Seizures, epilepsy

Brokenhearted

Wounded spirit

Unhealed sores, bruises

Inner darkness

Possessed by devils; demonic oppression

Downtrodden, oppression, depression

Anxiety; fears, fear of death

Shame, Guilt, Jealousy, Despair, Rejection, Abuse, Depression

Addictions

Fighting and quarreling

Poor Self-image, No Identity, Unloved

Lack of purpose and direction

Laziness, lethargy

Abandonment

Confusion