



Assignments for Session 9: Healing Wounds

Key Words for you to know & explain

1. Surrender
2. Humility
3. Fig leaves
4. Thankful
5. Memory
6. Traumatic memories
7. Earliest memory
8. The lie
9. Laying on of hands
10. Anointing with oil
11. Blocks to healing
12. Guardian lies
13. Listening
14. Eye Contact
15. Small group dynamics
16. Ungodly soul ties

Read my Study notes for Session: "Healing Wounds."

Give special attention to Part 5!

Reading Plan & Personal Study

Read these Scriptures and consider why I wanted you to read them. What is God saying to you through His Word?

- It is not those who are healthy who need a physician, but those who are sick ..." (Matt 9:12-13).
- The whole head is sick and the whole heart is faint. From the sole of the foot even to the head there is nothing sound in it, only bruises, welts, and raw wounds, not pressed out or bandaged. Not softened with oil (Isaiah 1:5-6)
- But first and most importantly seek (aim at, strive after) His kingdom and His righteousness [His way of doing and being right—the attitude and character of God], and all these things will be given to you also. (Matthew 6:33, Amplified Bible)
- Humble yourselves, therefore, under the mighty hand of God, that He may exalt you at the proper time, (1 Peter 5:6).



- Search me, O God, and know my heart; Try me and know my anxious thoughts. And see if there be any hurtful [way of pain] way in me, And lead me in the everlasting way. (Psalm 139:23-24).
- Let the wicked abandon his way, And the unrighteous person his thoughts; And let him return to the LORD, And He will have compassion on him, And to our God, For He will abundantly pardon. For My thoughts are not your thoughts, Nor are your ways My ways," declares the LORD. (Is 55:7,8).
- Be still and know (recognize, understand) that I am God. I will be exalted among the nations! I will be exalted in the earth." (Ps 46:10, Amplified Bible).
- Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves loin coverings. (Gen 3;7).
- Beware of the leaven of the Pharisees, which is hypocrisy. But there is nothing covered up that will not be revealed, and hidden that will not be known" (Lu 12:1b-2).
- Woe to you, scribes and Pharisees, hypocrites! For you clean the outside of the cup and of the dish, but inside they are full of robbery and self-indulgence" Mt 23:25).
- Blind Pharisee! First clean the inside of the cup and the dish, so that the outside of it may become clean also.
- I will bless the Lord who has counseled me: indeed, my inner man (kidneys) instructs me in the night (Ps. 16:7).
- Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. (Philippians 4:6)
- In everything give thanks: for this is God's will for you in Christ Jesus. (1 Thes 5:18)
- Fight the good fight of faith; take hold of the eternal life to which you were called, and you made the good confession in the presence of many witnesses (1 Tim 6:12).

Reflection

1. What is your condition now?
2. Are you ready for change?
3. What do you need to surrender? Accept?
4. What does it mean to Practice the Presence of God?
5. List some things you are thankful.
6. How do you stir up your faith?

Spiritual Action Steps

1. Review your list of painful memories: which one has the most painful energy attached to it. What is that is making the memory so painful?
2. Let the Holy Spirit lead you to a memory that is **not** filled with peace. Ask the Spirit to reveal Jesus in that memory, and ask Him, through His revelation, to bring you release from the lie. Watch for Jesus in any picture that comes to your mind, or any words He speaks, or a sense of His presence.
3. Meditate on John 8: the account of the woman who was caught in adultery. Read the passage over and over, then picture yourself as the person who was caught in a sin and ask the Holy Spirit to reveal the truth of Jesus to your heart.



4. It might help to picture Jesus on the cross. Picture yourself before Him on the cross and take this sin – like a black spot off your soul – and give it to Jesus. Watch and listen. See what Jesus does with it and listen to what He says. Let the Holy Spirit's revelation come to you.